

Adult & Kids Cross Back Apron



The cross back apron is a free size pattern for kids and adults.
You can view the making of this apron on my youtube channel
<http://www.youtube.com/user/JapaneseSewingBooks>

As a guide, the completed aprons have the following measurements

Kids : Apron front across chest - 20cm wide
Length of apron from top of apron front - 70cm

Adults : Apron front across chest - 25cm wide
Length of apron from top of apron front - 100cm

The apron front across chest can be easily made wider by moving the pattern piece further away from the folded edge of the fabric.

Materials

Kids/Adult sizes

Cotton/Laminated Cotton (110cm wide) - 1m/2.1m

Bias Tape (1/2" wide) - 3.9m/5.3m

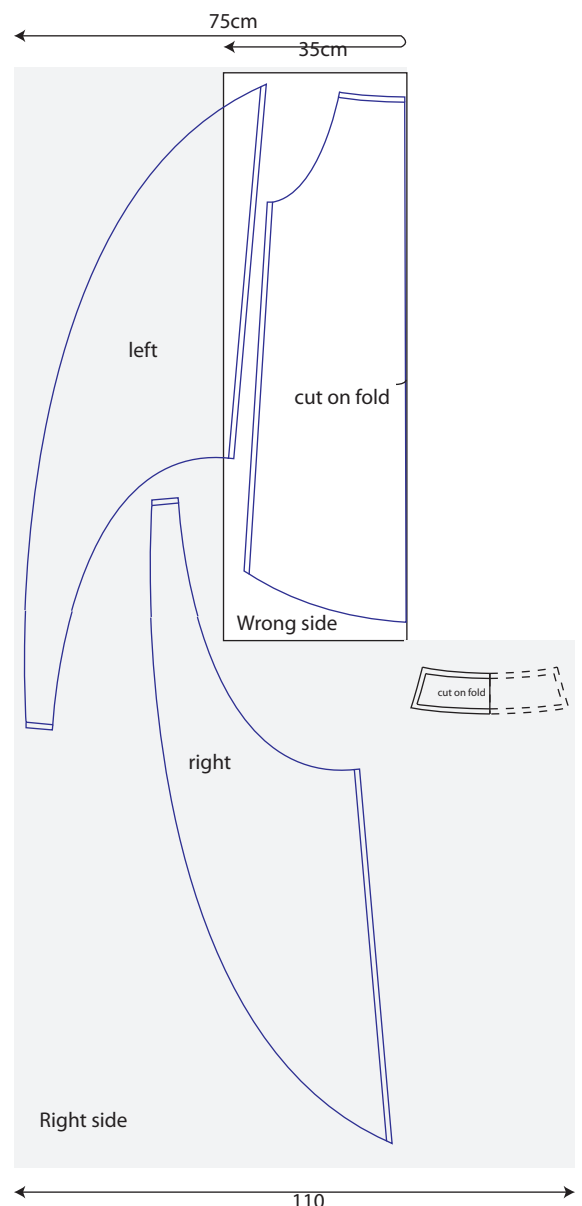
Preparation

Download PDF pattern, piece together according to sequence and cut out the following pieces from your fabric.

- 1 x Apron front
- 2 x Mirror images of Apron back
- 1 x Facing piece

Points to note

- Seam allowances **are included** in all pattern pieces.
- The words in brackets (right side) refer to the surface/printed side of the fabric and (wrong side) refer to the reverse/unprinted side of the fabric.





1. Cut out pattern pieces



2. Flip one side piece over, align side seams, with fabrics right sides facing. Clip in place.



3. Sew side seams, repeat for the other side. This is what you should have after sewing both side seams. Zig-zag/serge seams to prevent fraying.



4. Lay the bias fabric, right sides facing, with edges aligned.



5. Pin in place.



6. Sew down on the crease line nearest to the outer edge.



7. Flip to the back of the apron, and fold the bias over the raw edge.



8. Pin or clip in place.



9. Sew down the bias from the front, parallel to the first seam line about 0.2cm from the seam. Make sure the back of the bias is caught by the stitches.



10. Now repeat for the armhole seams. First, sew down from the front.



11. Fold bias over to cover the raw edges, clip in place and sew.



This is what you should have after covering all the curves with bias.



12. With the right side facing up, flip one side of the strap over. Align the top of the strap to the top of the apron front. Clip in place.



13. Repeat for the other side. Clip and baste in place.



14. Take the facing piece, with the right side facing down, and align the top edge to the top of the apron. The straps are sandwiched in between the facing and the apron pieces.



15. Sew 1cm from the top edge.



16. Turn to the back of the apron, and flip the facing piece down so that the wrong sides are now facing each other.



17. There should be 1cm of facing fabric sticking out on both the left and right sides.



18. Tuck the extra 1cm of facing fabric over the raw edges of the strap to hide the raw edges.



19. Pin or Clip in place. Fold the bottom edge of the facing piece by 1cm to hide the raw edges.



20. Pin or clip in place.



21. Repeat for the other side.



21. Sew around all four edges. It should look like this.



22. Now flip to the front and the apron is finished! Add any labels or pockets as you wish to make it your own!